

6.0 REFERENCES

- Ahmed, A. & Ramzan, D. M., 2013. Effects of Job Stress on Employees Job Performance A Study on. *IOSR Journal of Business and Management*.
- Ayranci, E. et al., 2015. Analysis of the relationship between Emotional Intelligence and Stress caused by the organization: a study of Nurses. *Business Intelligence Journal*, pp. 334-346.
- Bank, C., 2020. *Annual Central Bank Report*, s.l.: Central bank Sri Lanka.
- Beheshtifar, Malikeh; Nazarian, Rahele, 2013. Role of Occupational Stress in organizations. *Interdisciplinary journal of contemporary research in business*, pp. 648-654.
- Belias, D., Koustelios, A., Koutiva, M. & Zournatzi, E., 2013. Occupational stress and emotional intelligence among greek bank employyes. *International Journal of Human Resource Studies*, pp. 4-5.
- Bhatti, M. H. et al., 2016. Relationship between job stress and organizational. *Journal of Business Management and Economics*.
- Bokharaeian, E., SetareSobh, S., Rahimi, M. & Zare, M., 2014. The relationships between emotional intelligence, time management, and job stress among employees in Shahr Bank. *Applied mathematics in Engineering, Management and Technology* , pp. 856-861.
- Bradberry, T. & Greaves, J., 2009. *Emotional Intelligence 2.0*. San Diego, United States: TalentSmart.
- Darvish, H. & Nasrollahi, A. A., 2011. Studying the relations between emotional intelligence and occupational stress: a case study at payame noor university. *Petroleum-Gas University of Ploiesti Bulletin*, pp. 38-49.
- Dissanayaka, D. R., Janadari, M. P. & Chathurani, R. A., n.d. Role of emotional intelligence in organizational learning: an empirical study based on banking sector in sri lanka. *Department of Human Resource Management*, pp. 8-9.

- Enekwe , C. I., Agu,, C. I. & Eziedo, K. N., 2014. Stress management techniques in banking cectors in nigeria. *IOSR Journal of Business and Management (IOSR-JBM)*, pp. 33-37.
- Global scientific journals, 2022. impact of job stress on employee turnover intention in Nepalese commercial bank inside kathmandu valley. *Global Scientific journal*, pp. 723-743.
- Goleman, D., Boyatzis, R. & McKee, A., 2002. *Primal Leadership: Learning to Lead with Emotional Intelligence*. Boston: Harward Business School Press.
- Goswami, D. T. G., 2021. Job Stress and Its Effect on Employee Performance in Banking Sector. *Indian Journal of Commerce and Management Studies*, pp. 51-56.
- Goswami, T. G., 2015. Job stress and its effect on employee performance in banking sector. *Indian Journal of Commerce & Management Studies*, pp. 51-56.
- Hefferenan, M., Harney, B., Cafferkey, K. & Dundon, T., 2008. People management and innovation in Ireland. *National University of Ireland, Galway*, pp. 1-27.
- K., M. M. & Dr.T.P.Renukamurthy, 2017. Stress Among Banking Sector. *International Journol of Research*.
- Kothari, C. R., 2004. *Research methodology methods and techniques*. New Delhi: New Age International publisher.
- Leon, R. D., 2019. EEmotional Intelligence, Occupational Stress and Job Performance in the Romanian Banking System. *Management Dynamics in the Knowledge Economy*, pp. 323 - 335.
- Maheshwari, P., 2013. Occupational stress in working women: its relationship with their Level of emotional intelligence and the coping strategies used to deal with stress. *International Journal for Cross-Disciplinary Subjects in Education (IJCDSE)*, pp. 1441-1446.
- Mayuran, l., 2013. The impact of emotional Intelligence on stress management: a study of schools with banks in Jafna district. *Global Journal of Commerce and Management Perspective*, pp. 67-71.

- Mishra, S. K. & Yadav, B., 2013. Job anxiety and personal adjustment of secondary school teachers in relation of gender and type of teacher. *Educational Research International*, pp. 106-126.
- Nikolaou, I. & Tsaousis, I., 2002. Emotional intelligence in the work place: exploring its effects on occupational stress and organizational commitment. *The International Journal of Organizational Analysis*, p. 327=342.
- Nweke, J. O., 2015. Coping with job stress In the banking work sector; a study of guaranty trust bank plc in abakaliki, ebonyi state, nigeria. *International Journal of Educational Research and Technology*, pp. 37-43.
- Oginska-Bulik, N., 2005. Emotional intelligence in the workplace: exploring its effects on occupational stress and health outcomes in human service workers. *International Journal of Occupational Medicine and Environmental Health*, pp. 167-175.
- Ogungbamila, B., Balogun, A. G., Ogungbamila, A. & Oladele, R. S., 2014. Job Stress, Emotional Labor, and Emotional Intelligence as Predictors of Turnover Intention: Evidence from Two Service Occupations. *Mediterranean Journal of Social Sciences*, pp. 351-357.
- S.Praveena, 2015. Emotional intelligence on job performance of bank managers in sri lanka. pp. 41-59.
- Salovey, P. & Mayer, J. D., 1990. *Emotional Intelligence*, s.l.: s.n.
- Saunders, Saunders, M., Lewis, P. & Thornhill, A., 2009. *Research methods for business students (5th Edn.)*. Harlow, England: Pearson Education Limited.
- Sekaran, U. & Bougie, R., 2016. *Research Methods for Business*. New Delhi: Wiley Publishers.
- Shakya, A. & Devi, V. R., 2016. Work stress in banking sector: an empirical study In nepal. *Management Insight*, pp. 40-50.
- Soran, S. & Balkan, M., 2014. *Job stress and performance: mediating effect of Emotional Intelligence*, s.l.: European Journal of Business and Social Sciences.

Spyros Papathanasiou, Maria Siati, 2014. Emotional Intelligence and Job Satisfaction in Greek. *Research in Applied Economics*, pp. 225-239.

Zaidi, U., 2015. Time Management and Professional Stress among Bank Managers: A Correlational Study. *IOSR Journal of Business and Management (IOSR-JBM)*, pp. 83-87.