# FLEXIBLE WORK HOURS FOR TRAFFIC MANAGEMENT IN PEAK HOURS: A CASE STUDY OF SRI JAYAWARDENAPURA KOTTE, SRI LANKA

P.M.A Kothalawala

169179G

Master of Spatial Planning Management and Design

Department of Town & Country Planning

University of Moratuwa Sri Lanka

November 2020

# FEXIBLE WORK HOURS FOR TRAFFIC MANAGEMENT IN PEAK HOURS: A CASE STUDY OF SRI JAYAWARDENAPURA KOTTE, SRI LANKA

Prashanthi Madhavi Alwis Kothalawala

169179G

Dissertation submitted in partial fulfillment of the requirements for the degree Master of Spatial Planning and Design

Department of Town & Country Planning

University of Moratuwa Sri Lanka

November 2020

## **DECLARATION**

I declare that this is my own work and this dissertation does not incorporate without acknowledgement any material previously submitted for a Degree or Diploma in any other University or institute of higher learning and to the best of my knowledge and belief it does not contain any material previously published or written by another person except where the acknowledgement is made in the text.

I hereby grant to University of Moratuwa the non-exclusive right to reproduce and distribute my dissertation, in whole or in part in print, electronic or other medium. I retain the right to use this content in whole or part in future works (such as articles or books).

Signature	:
Name of the Candidate	e: P.M.A Kothalawala
Registration Number	: 169179G
Batch: 2016/2018	
Date:	

# **CERTIFICATION**

I certify herewith that P.M.A Kothalawala, Index number: 169179G of the 2016/2018 batch, has carried out research for the Masters dissertation under my supervision.

Signature of the Principal Supervisor	Signature of the Head of the Departmen Town and Country Planning
Date	Date:

### **ABSTRACTS**

Traffic Congestion is one of the most intolerable problems in the most cities due to sudden increase in privacy. Transportation affects urban society, environment and the economy. Flexible Work Hour Implementation (FWH) is one of the important measures of traffic demand management (TDM) which can use to spread out the vehicle volume and traffic congestion during morning and evening peak periods. This study investigates taking different FWH measure can adjust transportation volume on road and alleviate transport stress in peak hour in Sri Jayewardenepura Kotte area. Nowadays it has seen rapid growth in transportation demand and serious road congestion in study area due to concentration of various functions and activities. Therefore, the trip features of employees in study area and transportation status are analyzed to implementing different working hour method as solution to reduce congestion. The traffic applicability of FWH in the selected case study area is analyzed through relevant statistics and social surveys. Finally evaluated the findings to find relationships among selected road segments obvious road demand and road demand after Implementing the FWH. To identified the effect of proposed TDM strategy on study area road segment at AM and PM peak periods through employment trip generations. The t-test analysis from SPSS software was used to derive the analysis outcome of prior and after implementing flexible work shifts of employees on the traffic flow. The result shows that the impact of trips generated due to the employment within the study area and proposed method shows considerable positive result in some time periods to reveal the selected links at peak hours. But synthetically the final output interpret it will as limited effect on FWH implement only in selected area to relieve total congestion on peak hour traffic in considerable level.

**Keywords:** Flexible working schedule, TDM, Trip generation, Trip attraction, Passenger Car Units, Level of service, Travel duration

### ACKNOWLEDGEMENT

I would like to express my honest thankfulness to those who have contributed in your time, inputs encouragement and for the knowledge that you were there for me toward this research successful

My special thanks to my supervisor Dr. Chameera de Silva, Senior lecturer, Department of town and country planning, faculty of Architecture of the University of Moratuwa for his patience and guidance.

I am also expressing my thankfulness to Prof: Rangajeewa Ratnayake, Senior lecturer, Head of the Department of Town and Country Planning, Faculty of Architecture at the University of Moratuwa. I also appreciatively acknowledge the inspiration, guidance, and attention I have received from all my lecturers at the University of Moratuwa.

Then I appreciate acknowledging the help and provision that I received from all my 2016/2018 batch mates and non-academic staff members of the University of Moratuwa.

I'm also thankful to my parents and family for their support for me to complete the research. Finally, I wish to thankful for all who supports me directly or indirectly for successful completion of the study.

# Contents

DECL	ARATION	I
CERT	IFICATION	II
	RACTS	
	OWLEDGEMENT	
	E OF CONTENTS	
	OF FIGURES	
	OF MAPS	
	OF TABLES	
	OF ANNEXURES	
	OF ABBREVIATIONS	
	TER ONE -INTRODUCTION	
1.1.	RESEARCH BACKGROUND	
1.2. 1.3.	RESEARCH NEEDRESEARCH OBJECTIVE	
1.3. 1.4.	METHOD OF STUDY	
1.5.	SIGNIFICANCE OF THE STUDY	
1.6.	SCOPE AND LIMITATIONS OF THE STUDY	
CHAP'	TER TWO - LITERATURE REVIEW	9
	TRODUCTION	
	EXIBLE WORKING HOURS/ STAGGERED SHIFTS	
	ASE STUDIES	
	.1. Applicability of flexible working/staggered hour system in other countries	
	.2. Success Programs	
	.3. Failure programs	
	NALYSIS THE IMPACTS OF LAND USE PATTERN TO TRIP GENERATIONS	
2.5. A	NALYSIS OF THE COMMUTER TRAVEL BEHAVIOR AND FLEXIBLE WORK SHIFTS	14
CHAP'	TER THREE: RESEARCH DESIGN	15
3.1. IN	TRODUCTION	15
3.2. C	ASE STUDY AREA SELECTION	16
3.3	.2. Study Area Zonation	19
	ATA COLLECTION	
	.1. Questionnaire Survey	
	ATA ANALYSIS METHODS	
	.1. Impact of Flexible work shift arrangements on traffic	
	.2. Analysis of the study area Trip generation and Trip attraction	
	ΓER FOUR: ANALYSIS AND DISCUSSION	
	TRODUCTION	
	DMMUTER PROFILE ANALYSIS	
	.1. Distribution of commute time	
	.2. Commute travel distance distribution	
	.3. Intermediate stop	
	.5 Commute Mode distribution	
	.5. Commuter's preference analysis	
4 /	.6. Gender Base preference	37

4.3. IMPACT OF FLEXI WORK HOURS ON TRAFFIC	32
4.3.1. Traffic Analysis	32
4.3.2. Analysis of Number of PCU count due to the Employees	35
4.3.3. Impact of Flexible work hours on traffic	40
4.6. CONCLUSION	45
CHAPTER FIVE: CONCLUSION AND RECOMMENDATIONS	46
REFERENCE	48
ANNEXURES	50

# LIST OF FIGURES

Figure 1: Land use comparison in Year 1999 and 2018	4
Figure 2: Distribution of the vehicle volume with Time	
Figure 3: Research Design	
Figure 4: Research Methodology	5
	8
Figure 6: Methodology of Flexible work hour shift arrangement on traffic analysis 2	1
	3
	4
	7
Figure 10: (a) Distribution of the departure time from home and (b) Distribution of	
	9
	30
Figure 12: Commute mode distribution	
Figure 13: Morning Trip Generation Rate	36
	36
LIST OF MAPS	
Map 1: Location Map	6
Map 2: Built up Area Map (2017) 1	7
	9
Map 4: Morning PCU generation at each Zone due to employees Source: Compiled by Author	88
Map 5: Evening PCU generation at each Zone due to employees3	9
Map 6 LOS variation of Before and after flexi working hour Implementation at 7 am to 8 amount of the property of the prope	11
Map 7 LOS variation of before and after flexi working hour Implementation at 8 am to 9 am	_
Map 8 LOS variation of before and after flexi working hour Implementation at 9 am to 10 at Error! Bookmark not defined	m

# LIST OF TABLES

Table 1: Road Description	4
Table 2: Success Case Studies	12
Node Description Table 3:	18
Table 4: Data Collection Summary	20
Table 5: PCU values per vehicle type	22
Table 6: Road Class Description	22
Table 7: Hourly Vehicle Flow	24
Table 8: Floor Area Allocation Per Employee	26
Table 9: Level of Service Calculation of links J-F, H-F & E-A	33
Table 10: Level of Service Calculation of Links G-B, D-I & J-G	33
Table 11: Level of Service Calculation of Links A-B, C-B & K-A	34
Table 12: Averaged Level of Service	35
Table 13: T-test Analysis Results	40
Table 14 T test analysis 8 am to 9 am	42
Table 15 T test analysis for 9 am to 10 am	44

# LIST OF ANNEXURES

Annexures 1: Questionnaire Survey	50
Annexures 2: Departure time from Home	55
Annexures 3: Departure Time From Offices	55
Annexures 4: Hourly Vehicle flow within the links	56
Annexures 5: Number of Employees in the Morning	56
Annexures 6: Number of Employees in the Evening	57
Annexures 7: Common Trip Generation Rates	58
Annexures 8: Sample Size Selection	59
Annexures 9: Trip Generation and Employment simulation by Land utilization	60
Annexures 10: Trip Generation and Employment simulation by Land utilization	60
Annexures 10: MCC Count Total Trips by Trip Distribution with Peak time (15 Min	
<i>Proximity</i> )	61
Annexures 11: MCC Count Total Trips by Trip Distribution with Peak time (1 hour	
<i>Proximity</i> )	62
Annexures 12: Sample Data Forecasting for Normal Travel trips in Study area	63
Annexures 13: Sample Data Forecasting for Flexi Travel trips in Study area	64
Annexures 14: Employment distribution by Zone vise in Study area	65
Annexures 15: Flexi hour data of Zone vise in Study area	66

## LIST OF ABBREVIATIONS

TDM - Transport Demand Management

TSM- Transport Supply Management

LOS – Level of Service

PCU – Passenger Car Unit

LRT - Light Rail Transit

ITE - Institute of Transport Engineers

TxDOT – Texas Department of Transportation

MCC - Manual classified Count

FTE – Full-Time Equivalent

MNL - Multinomial Logit Model

IIA - Independence of Irrelevant Alternatives

AM - Ante Meridiem

PM - Post Meridiem

LOS - Level of Service