

**THE IMPACT OF EMOTIONAL INTELLIGENCE IN  
PROJECT MANAGEMENT TO IMPROVE TEAM  
PERFORMANCE**

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## DECLARATION

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## **ABSTRACT**

As both technical world and business world is rapidly changing all organizations in software industry are trying to use different approaches to maximize output of their projects. Improving team performance is one of the ways to achieve higher success rate of software projects. Emotion Intelligence (EI) is a significant predictor for team performance. Therefore, software organizations should keep their focus on EI level of the employees. This research examines the relationships among EI factors and Team performance.

As a methodology for this study, online and offline survey has been conducted. A well-structured questionnaire has been distributed among 310 software professionals. The population for this research is all project managers, Team leaders, software engineers, QA engineers and business analysis in software industry in Sri Lanka which count as 37284 as per the National ICT workforce survey carried out by ICTA of Sri Lanka on 2013. The four main factors which are self-awareness, self-management, social-awareness and relationship management were selected as individual variables for the study. This research found a significant positive correlation between all four variables among team performance.

This research brings out a valuable result which is EI of employees is directly impact on team performance in software industry in Sri Lanka. Further this study suggests set of guidelines to follow in order to improve the EI skills of employee which deliver a better team performance.

**Keywords** - Emotional intelligence, Team performance, Project management, Software Industry

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# Table of Contents

DECLARATION .....	I
COPYRIGHT STATEMENT .....	II
ABSTRACT .....	III
ACKNOWLEDGEMENT .....	IV
1. INTRODUCTION .....	1
1.1. Background .....	1
1.2. Motivation .....	2
1.3. Research Scope .....	3
1.4. Problem Statement .....	3
1.5. Research Objectives .....	4
1.6. Research Significance .....	5
1.7. Outline .....	6
2. LITERATURE REVIEW .....	7
2.1 Emotion Intelligence .....	7
2.2 Models of Emotion Intelligence .....	9
2.1.1. Ability Model - Salovey and Mayer .....	9
2.1.2. Mixed model – Goleman .....	12
2.1.3. Other models .....	16
2.2. EI Tests .....	17
2.3. Factors of Emotion Intelligence .....	18
2.4. Team Performance .....	19
2.4.1. Campbell’s (1990) performance model .....	21
2.5. Relationship between EI and Team performance.....	22
2.6. EI in in the workplace .....	25
2.6.1. Importance of Emotion Intelligence .....	25
2.6.2. Improve Emotion Intelligence .....	26
2.7. EI and Project management.....	27
2.8. Summary .....	27
3. RESEARCH METHODOLOGY .....	29
3.1. Research Method .....	29
3.2. Conceptual Framework .....	31

3.3.	Analysis method .....	33
3.3.1.	Variable Identification .....	33
3.3.2.	Description of Variables .....	34
3.4.	Formation of Hypotheses .....	36
3.5.	Questionnaire .....	38
3.6.	Data Collection.....	47
3.7.	Population and Sample Selection .....	47
3.7.1.	Sample size .....	49
3.8.	Method of data collection.....	50
3.9.	Summary .....	51
4.	DATA ANALYSIS.....	52
4.1.	Analysis with Demographic Data .....	53
4.2.	Reliability Analysis .....	60
4.3.	Pearson Correlation Coefficient Analysis .....	65
4.4.	Hypothesis Analysis .....	69
4.5.	Regression Analysis .....	73
4.6.	Correlation analysis among demographic data .....	80
4.7.	Summary .....	91
5.	RECOMMENDATIONS AND CONCLUSION.....	92
5.1.	Findings and Recommendations .....	92
5.2.	Research limitations .....	96
5.3.	Future research .....	96
5.4.	Conclusion.....	97
6.	REFERENCES .....	98
7.	APPENDIX A: QUESTIONNAIRE INSTRUMENT.....	102

## LIST OF FIGURES

Figure 1-Ability Model of Salovey and Mayer.....	11
Figure 2-Mixed model of Goleman Mixed model of Goleman .....	14
Figure 3-Team leaders' EI for Team performance .....	23
Figure 4- Research Method.....	29
Figure 5-Conceptual Framework .....	32
Figure 6-Overall growth of IT Workforce .....	47
Figure 7-IT Workforce by job category.....	49
Figure 8-Pattern of data collection .....	52
Figure 9- Gender .....	53
Figure 10-Age distribution.....	54
Figure 11-Education qualification distribution.....	55
Figure 12-Industry experience distribution.....	56
Figure 13-Occupation .....	58
Figure 14-Team size .....	59
Figure 15-Self-awareness vs Team performance.....	74
Figure 16-Self-management vs Team performance.....	76
Figure 17-Social-awareness vs Team performance .....	78
Figure 18-Relationship management vs Team performance .....	80



## LIST OF TABLES

Table 1-Mixed model of Goleman and competencies .....	13
Table 2-EI Factors.....	18
Table 3-EI factors frequency .....	30
Table 4-Variables and research sources .....	33
Table 5—Operationalization of variables.....	38
Table 6-Scale .....	46
Table 7-Instrument Measures of Variables .....	46
Table 8-Percentages of job categories.....	48
Table 9-Cronbach’s alpha of pilot survey .....	50
Table 10-Gender distribution .....	53
Table 11-Age distribution .....	54
Table 12-Education qualification distribution .....	55
Table 13-Industry experience distribution .....	57
Table 14-Occupation.....	58
Table 15-Team size distribution.....	60
Table 16-Self-awareness Cronbach's Alpha.....	61
Table 17-Self-management Cronbach's Alpha.....	61
Table 18-Social-awareness Cronbach's Alpha .....	62
Table 19-Relationship management Cronbach's Alpha.....	63
Table 20-Team Performance Cronbach's Alpha .....	63
Table 21-Reliability Test for Independent Variables summary .....	64
Table 22-Reliability Test for Dependent Variables summary .....	64
Table 23-Correlation- Self-awareness and Team Performance.....	66
Table 24-Correlation- Self-management and Team Performance .....	66
Table 25-Correlation- Social-awareness and Team Performance .....	67
Table 26-Correlation- Relationship management and Team Performance.....	68
Table 27-Pearson Correlation Summary.....	68
Table 28-Correlation- The rule of thumb.....	69
Table 29- Summary of hypothesis analysis.....	72
Table 30-Model summary for Self-awareness.....	73
Table 31- ANOVA for Self-awareness .....	73
Table 32-Coefficients for Self-awareness .....	74
Table 33- Model summary for Self-management.....	75
Table 34-ANOVA for Self-management.....	75
Table 35-Coefficients for Self-management.....	75
Table 36-Model summary for Social-awareness .....	76
Table 37-ANOVA for Social-awareness.....	77
Table 38-Coefficients Social-awareness .....	77
Table 39-Model summary for Relationship management.....	78
Table 40- ANOVA for Relationship management .....	79
Table 41-Coefficients for Relationship management .....	79
Table 42-Correlation according to Male.....	80
Table 43- Correlation according to Femaale.....	81

Table 44— Correlation according to Age group 25 years or below .....	81
Table 45-Correlation according to Age group 26-35 years.....	82
Table 46=Correlation according to Age group 36-45 years .....	82
Table 47-Correlation according to Degree level .....	83
Table 48-Correlation according to Master level .....	83
Table 49-Correlation according to 02-05 year experience group.....	84
Table 50-Correlation according to 06-10 year experience group.....	85
Table 51-Correlation according to 11-15 year experience group.....	85
Table 52-Correlation according to Business Analysis .....	86
Table 53-Correlation according to QA Engineer .....	87
Table 54-Correlation according to Software Engineer .....	87
Table 55-Correlation according to Project Manager .....	88
Table 56-Correlation according to Team Leader .....	88
Table 57-Correlation according to Team size 01-05 people group .....	89
Table 58-Correlation according to Team size 06-10 people group .....	89
Table 59-Correlation according to Team size 11-15 people group .....	90
Table 60-Correlation according to Team size 16-20 people group .....	90
Table 61-Correlation according to Team size 20 above people group.....	91

## **LIST OF ABBREVIATIONS**

EI – Emotion Inteligence

ICTA - Information and Communication Technology Agency of Sri Lanka

EC - Emotional competences (EC)

ECI -Emotional Competency Inventory

WESI - Wong and Law scale

MSCEIT - Mayer-Salovey-Caruso Emotional Intelligence Test

ECI-U - Emotional Competency Inventory university edition

DK - Declarative knowledge

PKS - Procedural knowledge and skills

MOT - Motivation

ICT – Information communication technology